# NOTICE OF PRIVACY PRACTICES<sup>[1]</sup>

### **PURPOSE:**

The NPP provides patients with notice of their rights regarding PHI. The following is a description of how **LISA R. REZNICK, MD, PA** will provide notice and obtain a patient's acknowledgement of receipt of the NPP.

### POLICY:

### **Provision of Notice to Electronic Disclosure**

- 1. As required by Section 181.154 of the Health and Safety Code, LISA R. REZNICK, MD, PA will provide notice to patients, notifying each patient that his/her PHI is subject to electronic disclosure.
- 2. LISA R. REZNICK, MD, PA may provide general notice by:
  - a. Posting a written notice in LISA R. REZNICK, MD, PA's place of business;
  - b. Posting a notice on LISA R. REZNICK, MD, PA's internet website; or
  - c. Posting a notice in any other place where patients whose PHI is subject to electronic disclosure are likely to see the notice.
  - **PRACTICAL TIP:** LISA R. REZNICK, MD, PA must also obtain patient authorization prior to disclosing PHI electronically.

#### **Provision of NPP**

- 1. In addition to the above notice of electronic disclosure, each patient will be supplied, on paper, an NPP. The NPP will reserve the right for LISA R. REZNICK, MD, PA to make revisions to LISA R. REZNICK, MD, PA's privacy practices.
- 2. The NPP shall be provided to the patient on the date of the first service delivery.
  - a. If the first treatment encounter is by telephone, LISA R. REZNICK, MD, PA must mail the NPP to the patient on the date of service delivery.
  - b. During an emergency treatment situation, the NPP does not need to be provided until reasonably practicable after the emergency situation.
  - c. The NPP shall be provided upon request to any person, including members of the general public.
- 3. LISA R. REZNICK, MD, PA shall further:
  - a. Post the NPP in a clear and prominent location where it is reasonable to expect patients to be able to read the NPP;

<sup>[1] 45</sup> C.F.R. §164.520; Texas Health & Safety Code §181.154, as amended by H.B. No. 300.

- b. Make any revised NPP available at LISA R. REZNICK, MD, PA's office, on our website, and, upon request, provide the patient a copy of the NPP; and
- c. If a patient requests a copy of the NPP by e-mail, provide a copy electronically.

# Provisions for Obtaining Written Acknowledgement

### LISA R. REZNICK, MD, PA:

- 1. Shall make a good faith effort to obtain a patient's written acknowledgement of receipt of the NPP.
- 2. May have the patient sign a separate sheet or list indicating that s/he has received a copy of the NPP, or simply initial a cover sheet of the NPP to be retained by LISA R. REZNICK, MD, PA.
- 3. When the first treatment encounter is over the phone, mail the NPP with a tear-off sheet that acknowledges receipt and requests that the acknowledgement be mailed back to LISA R. REZNICK, MD, PA.
- 4. When the initial contact with patient is simply to schedule an appointment, provide the NPP when the patient arrives at **LISA R. REZNICK**, **MD**, **PA**'s office for the appointment.
- 5. In an emergency situation, LISA R. REZNICK, MD, PA does not need to provide an NPP until reasonably practicable after the emergency situation.

# **Acknowledgement Documentation Requirements**

- 1. LISA R. REZNICK, MD, PA must document its/his/her compliance by retaining copies of any written acknowledgements of receipt of the NPP for at least seven (7) years.
- 2. If a patient refuses to sign or otherwise fails to provide an acknowledgement, LISA R. REZNICK, MD, PA must document its/his/her good faith efforts to obtain the acknowledgement and the reason why the acknowledgement was not obtained.
- 3. LISA R. REZNICK, MD, PA shall:
  - a. Retain a copy of the original NPP and each revised NPP for seven (7) years;
  - b. Retain a copy of policies and procedures related to the NPP for seven (7) years;
  - c. Include a copy of the signed acknowledgement in each patient's record; and
  - d. Document why the patient refused to sign the acknowledgement in the patient's record.

# Practices Related to NPP

## LISA R. REZNICK, MD, PA will

1. Maintain the privacy of a patient's health information;

- 2. Provide a patient with notice as to LISA R. REZNICK, MD, PA's legal duties and privacy; and
- 3. Abide by the terms of the NPP such as:
  - a. Complying with the proper procedure in response to a patient's request to amend his/her PHI:
  - b. Complying with a patient's right to receive an accounting of disclosures of PHI;
  - c. Notifying patients if unable or unwilling to comply with any request to limit how PHI may be used;
  - d. Accommodating reasonable requests made by patients to provide PHI by alternative means or locations; and
  - e. Not disclosing PHI without a patient's authorization, except as described in the NPP and in conformance with the policy for disclosure.

### Complaints

1. Patients may complain to the Privacy Officer and to the Secretary of HHS if they believe their privacy rights have been violated. Complaints must be filed within 180 days of when the patient knew or should have known that the act occurred.

Region VI, Office for Civil Rights U.S. Department of Health and Human Services 1301 Young Street, Suite 1169 Dallas, TX 75202

2. LISA R. REZNICK, MD, PA shall not retaliate against a patient for filing a complaint.

## **PROCEDURES**:

- 1. The Privacy Officer is responsible for developing a NPP and providing that notice of electronic disclosure is posted in patient waiting areas.
- 2. The NPP will be posted on the LISA R. REZNICK, MD, PA website (as applicable).
- 3. Front desk personnel will distribute the NPP to each patient and obtain written acknowledgement as set forth in policy.
- 4. Front desk personnel shall (i) include a copy of the signed acknowledgement in each patient's record or (ii) document why a patient refused to sign the acknowledgement.
- 5. The NPP is reviewed annually with existing employees having access to PHI, and all new employees during their orientation to LISA R. REZNICK, MD, PA.
- 6. A copy of any revisions to the NPP will also be immediately distributed to all employees.
- 7. The Privacy Officer will keep a copy of the NPP and revisions thereof for a period of seven (7) years from the date of its creation or when it was last in effect, whichever is later.

8. Questions regarding the NPP should be referred to the Privacy Officer.

# NOTICE OF PRIVACY PRACTICES FORM

Effective	Date:		
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THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED BY LISA R. REZNICK, MD, PA AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this Notice, please contact: Lisa R. Reznick, MD at (972) 395-9000

### Who Will Follow This Notice?

- 1. LISA R. REZNICK, MD, PA
- 2. LISA R. REZNICK, MD, PA's employees; and
- 3. **LISA R. REZNICK, MD, PA's** subcontractors.

We understand that medical information about you and your health is personal and are committed to protecting this information. When you receive care from LISA R. REZNICK, MD, PA, a record of the care and services you receive is made. Typically, this record contains your treatment plan, history and physical, test results, and billing record. This record serves as a:

- 1. Basis for planning your treatment and services;
- 2. Means of communication among the physicians and other health care providers involved in your care;
- 3. Means by which you or a third-party payor can verify that services billed were actually provided;
- 4. Source of information for public health officials; and
- 5. Tool for assessing and continually working to improve the care rendered.

This Notice tells you the ways we may use and disclose your Protected Health Information (referred to herein as "medical information"). It also describes your rights and our obligations regarding the use and disclosure of medical information.

#### **Our Responsibilities**

LISA R. REZNICK, MD, PA is required by law to:

- 1. Make every effort to maintain the privacy of your medical information;
- 2. Provide you with notice of our legal duties and privacy practices with respect to information we collect and maintain about you;
- 3. Abide by the terms of this notice;
- 4. Notify you if we are unable to agree to a requested restriction;
- 5. Accommodate reasonable requests you may have to communicate health information by alternative means or at alternative locations; and
- 6. Notify you, and the Department of Health & Human Services, of any unauthorized acquisition, access, use or disclosure of your unsecured medical information. We are required by law to

notify you following a breach of unsecured protected health information. Unsecured medical information means medical information not secured by technology that renders the information unusable, unreadable, or indecipherable as required by law.

# The Methods in Which We May Use and Disclose Medical Information about You

The following categories describe different ways we may use and disclose your medical information. The examples provided serve only as guidance and do not include every possible use or disclosure.

- 1. <u>For Treatment</u>. We will use and disclose your medical information to provide, coordinate, or manage your health care and any related service. For example, we may share your information with your primary care physician or other specialists to whom you are referred for follow-up care.
- 2. For Payment. We will use and disclose medical information about you so that the treatment and services you receive may be billed and payment may be collected from you, an insurance company, or a third party. For example, we may need to disclose your medical information to a health plan in order for the health plan to pay for the services rendered to you.
- For Health Care Operations. We may use and disclose medical information about you for office operations. These uses and disclosures are necessary to run LISA R. REZNICK, MD, PA in an efficient manner and provide that all patients receive quality care. For example, your medical records and health information may be used in the evaluation of services, and the appropriateness and quality of health care treatment. In addition, medical records are audited for timely documentation and correct billing.
- 4. <u>Appointment Reminders</u>. We may use and disclose medical information in order to remind you of an appointment. For example, LISA R. REZNICK, MD, PA may provide a written or telephone reminder that your next appointment with LISA R. REZNICK, MD, PA is coming up.
- Research. Under certain circumstances, we may use and disclose medical information about you for research purposes. For example, a research project may involve comparing the surgical outcome of all patients for whom one type of procedure is used to those for whom another procedure is used for the same condition. All research projects, however, are subject to a special approval process. Prior to using or disclosing any medical information, the project must be approved through this research approval process. We will ask for your specific authorization if the researcher will have access to your name, address, or other information that reveals who you are, or will be involved in your care.
- 6. <u>As Required by Law</u>. We will disclose medical information about you when required to do so by federal or Texas laws or regulations.
- 7. <u>To Avert a Serious Threat to Health or Safety</u>. We may use and disclose medical information about you to medical or law enforcement personnel when necessary to prevent a serious threat to your health and safety or the health and safety of another person.

8. Sale of Practice. We may use and disclose medical information about you to another health care facility or group of physicians in the sale, transfer, merger, or consolidation of our practice.

# **Special Situations**

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- 1. Organ and Tissue Donation. If you have formally indicated your desire to be an organ donor, we may release medical information to organizations that handle procurement of organ, eye, or tissue transplantations.
- 2. <u>Military and Veterans</u>. If you are a member of the armed forces, we may release medical information about you as required by military command authorities.
- 3. Workers' Compensation. We may release medical information about you for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.
- 4. <u>Qualified Personnel</u>. We may disclose medical information for management audit, financial audit, or program evaluation, but the personnel may not directly or indirectly identify you in any report of the audit or evaluation, or otherwise disclose your identity in any manner.
- 5. <u>Public Health Risks</u>. We may disclose medical information about you for public health activities. These activities generally include the following activities:
  - a. To prevent or control disease, injury, or disability;
  - b. To report reactions to medications or problems with products;
  - c. To notify people of recalls of products they may be using;
  - d. To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition; and
  - e. To notify the appropriate government authority if we believe you have been the victim of abuse, neglect, or domestic violence.
  - f. All such disclosures will be made in accordance with the requirements of Texas and federal laws and regulations.
- 6. Health Oversight Activities. We may disclose medical information to a health oversight agency for activities authorized by law. Health oversight agencies include public and private agencies authorized by law to oversee the health care system. These oversight activities include, for example, audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the health care system, government programs, eligibility or compliance, and to enforce health-related civil rights and criminal laws.
- 7. <u>Lawsuits and Disputes</u>. If you are involved in certain lawsuits or administrative disputes, we may disclose medical information about you in response to a court or administrative order.
- 8. <u>Law Enforcement</u>. We may release medical information if asked to do so by a law enforcement official:
  - a. In response to a court order or subpoena; or

- b. If LISA R. REZNICK, MD, PA determines there is a probability of imminent physical injury to you or another person, or immediate mental or emotional injury to you.
- 9. <u>Coroners, Medical Examiners and Funeral Directors</u>. We may release medical information to a coroner or medical examiner when authorized by law (e.g., to identify a deceased person or determine the cause of death). We may also release medical information about patients to funeral directors.
- 10. <u>Inmates</u>. If you are an inmate of a correctional facility, we may release medical information about you to the correctional facility for the facility to provide you treatment.
- 11. Other Uses or Disclosures. Any other use or disclosure of PHI will be made only upon your individual written authorization. You may revoke an authorization at any time provided that it is in writing and we have not already relied on the authorization.
- 12. <u>Electronic Disclosure</u>. We may use and disclose your medical information electronically. For example, your medical information is maintained on an electronic health record. If another provider requests a copy of your medical record for treatment purposes, we may forward such record electronically.

# DISCLOSURES REQUIRING AUTHORIZATION

1. Psychotherapy Notes. Psychotherapy notes are notes by a mental health professional that document or analyze the contents of a conversation during a private counseling session — or during a group, joint, or family counseling session. If these notes are maintained separate from the rest of your medical records, they can only be used and disclosed as follows. In general, psychotherapy notes may not be used or disclosed without your written authorization, except in the following circumstances.

Psychotherapy notes about you may be used and disclosed without your written authorization in the following situations:

- a. The mental health professional who created the notes may use them to provide you with further treatment;
- a. The mental health professional who created the notes may disclose them to students, trainees or practitioners in mental health who are learning under supervision to practice or improve their skills in group, joint, family, or individual counseling;
- b. The mental health professional who created the notes may disclose them as necessary to defend himself or herself or LISA R. REZNICK, MD, PA in a legal proceeding initiated by you or your personal representative;
- c. The mental health professional who created the notes may disclose them as required by law;
- d. The mental health professional who created the notes may disclose the notes to appropriate government authorities when necessary to avert a serious and imminent threat to the health or safety of you or another person;

- e. The mental health professional who created the notes may disclose them to the United States Department of Health and Human Services when that agency requests them in order to investigate the mental health professional's compliance, or LISA R. REZNICK, MD, PA's compliance, with Federal privacy and confidentiality laws and regulations; and
- f. The mental health professional who created the notes may disclose them to medical examiners and coroners, if necessary, to determine your cause of death.

All other uses and disclosures of psychotherapy notes require your written authorization. You have the right to revoke such authorization in writing.

- Marketing. Marketing *generally* includes a communication made to describe a health-related product or service that may encourage you to purchase or use the product or service. For example, marketing includes communications to you about new state-of-the-art equipment if the equipment manufacturer pays us to send the communication to you. We will obtain your written authorization to use and disclose PHI for marketing purposes unless the communication is made face-to-face, involves a promotional gift of nominal value, or otherwise permitted by law.
  - All other uses and disclosures of your information for marketing purposes requires your written authorization. You have the right to revoke such authorization in writing.
- 3. Sale of your Medical Information. LISA R. REZNICK, MD, PA will not sell your medical information for marketing purposes. However, there are instances in which LISA R. REZNICK, MD, PA will sell your PHI. For example, should LISA R. REZNICK, MD, PA merge or the practice is sold to another physician or group, your medical record may be part of the asset transfer.

Any other Sale of Protected Health Information requires your written authorization. You have the right to revoke such authorization in writing.

# YOUR RIGHTS REGARDING YOUR MEDICAL INFORMATION

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You have the following rights regarding medical information collected and maintained about you:

1. Right to Inspect and Copy. The right to inspect and copy medical information that may be used to make decisions about your care. Usually, this includes medical and billing records.

To inspect and copy medical information that may be used to make decisions about you, you must submit your request in writing to the Privacy Officer for LISA R. REZNICK, MD, PA. If you request a copy of the information, LISA R. REZNICK, MD, PA may charge a fee established by the Texas Medical Board for the costs of copying, mailing, or summarizing your records.

LISA R. REZNICK, MD, PA may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to medical information, you may request that the denial be reviewed. Another licensed health care professional chosen by LISA R. REZNICK, MD, PA will review your request and denial. The person conducting the

review will not be the person who denied your request. LISA R. REZNICK, MD, PA will comply with the outcome of the review.

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2. <u>Right to Amend</u>. If you feel that medical information maintained about you is incorrect or incomplete, you may ask LISA R. REZNICK, MD, PA to amend the information. You have the right to request an amendment for as long as the information is kept by LISA R. REZNICK, MD, PA.

To request an amendment, your request must be made in writing and submitted to LISA R. REZNICK, MD, PA. In addition, you must provide a reason that supports your request.

LISA R. REZNICK, MD, PA may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, LISA R. REZNICK, MD, PA may deny your request if you ask us to amend information that:

- Was not created by LISA R. REZNICK, MD, PA, unless the person or entity that created the information is no longer available to make the amendment;
- Is not part of the medical information kept by LISA R. REZNICK, MD, PA;
- Is not part of the information which you would be permitted to inspect and copy; or
- Is accurate and complete.
- 3. Right to an Accounting of Disclosures. To request an "accounting of disclosures." This is a list of the disclosures made of your medical information for purposes other than treatment, payment, or health care operations.

To request this list you must submit your request in writing to Lisa R. Reznick, MD, PA. Your request must state a time period, which may not be longer than six (6) years. Your request should indicate in what form you want the list (for example, on paper or electronically). The first list you request within a 12-month period will be free. For additional lists within the 12-month period, you may be charged for the cost of providing the list. LISA R. REZNICK, MD, PA will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

- 4. Right to Request Restrictions. To request a restriction or limitation on the medical information LISA R. REZNICK, MD, PA uses or discloses about you for treatment, payment or health care operations. You also have the right to request a limit on the medical information LISA R. REZNICK, MD, PA discloses about you to someone who is involved in your care or the payment for your care.
  - LISA R. REZNICK, MD, PA is not required to agree to your request, unless the request pertains solely to a healthcare item or service for which LISA R. REZNICK, MD, PA has been paid out of pocket in full and: (i) the restriction pertains to payment or a healthcare operation and (ii) the disclosure is not otherwise required by law. Should LISA R. REZNICK, MD, PA agree to your request, LISA R. REZNICK, MD, PA will comply with your request unless the information is needed to provide you emergency treatment.

To request restrictions you must make your request in writing to LISA R. REZNICK, MD, PA. In your request, you may indicate: (1) what information you want to limit; (2)

whether you want to limit LISA R. REZNICK, MD, PA's use and/or disclosure; and (3) to whom you want the limits to apply.

- 5. Right to Request Confidential Communications. To request that LISA R. REZNICK, MD, PA communicate with you about medical matters in a certain way or at a certain location. For example, you can ask that LISA R. REZNICK, MD, PA contact you only at work or by mail.
  - To request that LISA R. REZNICK, MD, PA communicate in a certain manner, you must make your request in writing to the Privacy Officer. You do not have to state a reason for your request. LISA R. REZNICK, MD, PA will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.
- 6. Right to Revoke an Authorization. There are certain types of uses or disclosures that require your express authorization. For example, LISA R. REZNICK, MD, PA may not sell your information to a third party for marketing purposes without first obtaining your authorization. If you provide authorization for a particular use or disclosure of your medical information, you may revoke such authorization in writing by contacting Lisa R. Reznick, MD at 4100 Fairway Court, Suite 120, Carrollton, TX 75010 or at docrez@airmail.net. We will honor your revocation except to the extent that we have already taken action in reliance of the specific authorization.
- 7. Right to Receive a Copy of this Document. You have a right to obtain a paper copy of this document upon request.

## **CHANGES TO THIS NOTICE**

We reserve the right to change our practices and to make the new provisions effective for all PHI we maintain. Should our information practices change, we will post the amended Notice of Privacy Practices in our office and on our website. You may request that a copy be provided to you by contacting the Privacy Officer.

### **COMPLAINTS**

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If you believe your privacy rights have been violated, you may file a complaint with LISA R. REZNICK, MD, PA or with the Office for Civil Rights, U.S. Department of Health and Human Services. To file a complaint with LISA R. REZNICK, MD, PA, contact the Privacy Officer at (972).395-9000. Your complaint must be filed within 180 days of when you knew or should have known that the act occurred. The address for the Office of Civil Rights is:

Secretary of Health & Human Services Region VI, Office for Civil Rights U.S. Department of Health and Human Services 1301 Young Street, Suite 1169 Dallas, TX 75202

All complaints should be submitted in writing.

You will NOT be penalized for filing a complaint.